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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

suggest that L-theanine supports healthy blood pressure in the normal range, in part because it moderates the negative side effects of caffeine.^[1,17,18]

L Theanine and Suntheanine®†

Although theanine exists in both L- and D- forms, L-theanine is the preferred form due to its greater intestinal absorption and renal retention.^[19] An analysis of six commercial products revealed that five of them contained the poorly absorbed D-theanine along with L-theanine. Only Suntheanine, the brand in Inwell Biosciences's L-Theanine 200 mg, appeared to contain only the preferred L-theanine enantiomer.^[20] Suntheanine is protected by several patents that cover applications, such as reducing anxiety and promoting relaxation. The FDA has consequently approved the following structure/function claims regarding L-theanine: it reduces stress, it eases nervousness due to common everyday overwork and fatigue, and it reduces nervous irritability.^[18,21] Inwell Biosciences's L-Theanine 200 mg provides 400 mg of Suntheanine L-theanine per two-capsule dose.

Directions

Take one to two capsules twice daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Does Not Contain

Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

| Supplement Facts | | |
|---------------------------------|---------------------------|---------------------|
| Serving Size: 2 Capsules | | |
| Servings Per Container: 30 | | |
| | Amount Per Serving | %Daily Value |
| L-Theanine (Suntheanine®) | 400 mg | ** |
| ** Daily Value not established. | | |

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

Suntheanine®

Suntheanine® is a registered trademark of Taiyo International, Inc. U.S. and International Patents Pending. U.S. Patent Nos. 6831103, 6589566, 6297280.

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