

Magnesium L-Threonate

Chelated Magnesium L-Threonate

- Supports brain health
- Supports normal cognitive function

Highlights

- 144 mg of magnesium per serving from 2 g of magnesium L-threonate.
- Highly bioavailable magnesium demonstrated to cross the blood-brain barrier and support brain health.[†]

Directions

Take 3 capsules per day or as directed by your health-care practitioner. (Divided dosing recommended.)

Does Not Contain

This product was manufactured to be free from gluten, dairy, soy, and GMOs.

Cautions

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

Supplement Facts

Serving Size 3 capsules

Servings Per Container 30

Amount Per Serving		% Daily Value
Magnesium	144 mg	34%
(from 2 g Magtein® Magnesium L-Threonate)		

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, vegetable stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.