

Buffered C 1,000mg

- Helps maintain collagen*
- Helps form red blood cells*
- Provides antioxidant protection against free radicals*
- Supports the immune system*

Buffered C 1,000mg contains Vitamin C in a buffered Ascorbate form. Ascorbate is a Vitamin C molecule with a mineral ion. All Vitamin C must link up with a mineral before it can be absorbed into the blood stream.

By supplying minerals along with Vitamin C, Buffered C 1,000mg supports the immediate assimilation of Vitamin C in the body.* Because Buffered C 1,000mg is in the Ascorbate form and the presence of minerals help to act as natural buffers, it helps prevent stomach irritation that is common in non-buffered formulas.*

Vitamin C or Ascorbic Acid belongs to a class of vitamins which are termed water-soluble nutrients. It is not stored in the body and should be replenished throughout the day and evening for optimal health.* As a water soluble vitamin, the body is able to excrete any unneeded levels of Vitamin C, which allows for flexible dosing.*

Buffered C 1,000mg contains Bioflavonoids, which increase the effectiveness of Vitamin C by 50%.* Calcium, Magnesium, Zinc, Manganese and Potassium are included in the Buffered C 1,000mg formulations. The diuretic effect accompanying higher intake of Vitamin C often depletes the body's store of vital minerals. Buffered C 1,000mg provides a bioavailable source of minerals.* Pectin has been shown to be beneficial in managing cholesterol levels within normal ranges.*

Our Buffered C is available in two potencies and forms. The Buffered C 500mg is an easy to swallow vegetarian capsule, while Buffered C 1000mg is a convenient vegetarian tablet.

Directions

Take 1 tablet with each meal, or as directed by your healthcare practitioner.

Does Not Contain

Guten or meat products.

Cautions

If pregnant or nursing, consult your healthcare practitioner before taking this product.

Supplement Facts

Serving Size 1 Tablet Servings Per Container 90	
Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid and Mg, Ca, Zn & Mn Ascorbates) 1000 mg	1,111%
Calcium (as Ca Carbonate & Ca Ascorbate) 90 mg	7%
Magnesium (as Mg Ascorbate) 40 mg	10%
Zinc (as Zn Ascorbate) 2.5 mg	23%
Manganese (as Mn Ascorbate) 0.1 mg	4%
Potassium (as K Citrate) 60 mg	1%
Citrus Pectin 100 mg	*
Mixed Citrus Bioflavonoids 100 mg	*
containing: Mixed citrus bioflavonoid peel complex (orange, lemon and/or grapefruit bioflavonoids), rose hips (<i>Rosa canina</i>) fruit powder, acerola cherry (<i>Malpighia glabra L.</i>) fruit powder, rutin, and hesperidin bioflavonoid complex	
* Daily Value not established.	

Other ingredients: vegetable stearate, croscarmellose sodium, silicon dioxide, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**