



## Dietary Supplement Catalog



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## 5-HTP 50 mg

### Supports Healthy Serotonin Levels†

5-HTP nutritionally supports healthy brain function by helping to maintain proper serotonin levels. 5-HTP may provide support for occasional sleeplessness, stress, and mild mood fluctuations.†

#### Directions

Take one capsule 1-3 times per day on an empty stomach.

#### 1 Capsule Contains:

5-Hydroxytryptophan (5-HTP) ( <i>Griffonia simplicifolia</i> ) (seed) extract	50 mg	*
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**Other Ingredients:** Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, and silicon dioxide.



## 5-HTP 100 mg

5-HTP nutritionally supports healthy brain function by helping to maintain proper serotonin levels. 5-HTP may provide support for occasional sleeplessness, stress, and mild mood fluctuations.†

#### Directions

Take one or more capsules per day.

#### 1 Capsule Contains:

5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> seed)	100 mg	*
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**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, magnesium stearate, and silicon dioxide.



## Adrenal Complete

### Adrenal Stress Support with Glandular†

Adrenal Complete provides a blend of nutrients that work to promote healthy energy levels and support adrenal function during times of stress.†

#### Directions

Take two capsules in the morning.

#### 2 Capsules Contain:

Bovine adrenal powder	400 mg	*
Bladderwrack kelp (whole plant) ( <i>Fucus vesiculosus</i> )	200 mg	*
<i>Rhodiola rosea</i> root extract	100 mg	*
Ashwagandha root extract ( <i>Withania somnifera</i> )	100 mg	*
Holy basil leaf extract ( <i>Ocimum sanctum</i> )	40 mg	*
Korean ginseng extract (80% ginsenosides)	20 mg	*

**Other Ingredients:** Gelatin, rice flour, silica, and magnesium stearate.



## Adrenal Revive

Adrenal Revive contains a unique proprietary complex of neonatal bovine tissue and porcine tissue concentrates to help support adrenal health and function. It is designed to target the health of the hypothalamic pituitary adrenal (HPA axis), the body's central stress response system.†

#### Directions

Take one tablet 1-3 times per day.

#### 1 Tablet Contains:

Cytozyme Adrenal Complex Concentrate**	80 mg	*
Superoxide Dismutase (from vegetable culture***)	20 mcg	*
Catalase (from vegetable culture***)	20 mcg	*

**Other Ingredients:** Cellulose, stearic acid (vegetable source) and food glaze.

\*\* A unique proprietary complex of neonatal bovine tissue and porcine tissue concentrates.

\*\*\* Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



## Adren Well

### Adaptogens with Phosphatidylserine

AdrenWell includes a blend of adaptogenic botanicals and nutrients specifically formulated to counteract the effects of daily stress, support healthy energy levels, and maintain balanced cortisol and DHEA levels.<sup>†</sup>

#### Directions

Take two capsules 1-2 times per day.



## Aloe 450 mg

### Occasional Constipation Support<sup>†</sup>

Aloe 450 provides relief for occasional constipation. Cape aloe, the solid residue obtained by evaporating liquid aloe ferox, has been shown in research to affect regularity due to its influence on colon peristalsis resulting in accelerated intestinal passage.<sup>†</sup>

#### Directions

Take one capsule at bedtime (allow 24 hours before re-dosing).

#### 2 Capsules Contain:

Ashwagandha Root Extract (Standardized to contain 1.5% Withanolides)	250 mg	*
Chinese Skullcap ( <i>Scutellaria baicalensis</i> ) Root Extract (Standardized to contain 30% Flavonoids)	250 mg	*
Eleuthero Root Extract (Standardized to contain 0.8% Eleutherosides)	200 mg	*
Rhodiola ( <i>Rhodiola rosea</i> ) Root Extract (Standardized to contain 3% Rosavins)	200 mg	*
L-Theanine (Suntheanine®)	100 mg	*
Phosphatidylserine (from Sunflower Seed)	100 mg	*

**Other Ingredients:** Hypromellose (natural vegetable capsules), magnesium stearate, calcium silicate, and stearic acid.

#### 1 Capsule Contains:

Cape Aloe	450 mg	*
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**Other Ingredients:** Natural vegetable capsules and magnesium stearate.



## BacT

### 75% Beta-Glucan

BacT is formulated with Wellmune WGP®, the most well-researched, single beta glucan, to prepare and protect the immune system from repeated and ongoing stressors. Wellmune WGP® is a highly purified, yeast-free beta glucan extract derived from *Saccharomyces cerevisiae*.<sup>†</sup>

#### Directions

Take one capsule per day.



## BBR Complete

### Advanced Lipid Level Support with Bergamot

BBR Complete is a synergistic blend that naturally supports healthy blood cholesterol levels already within normal range, blood sugar balance, and overall cardiovascular function.<sup>†</sup>

#### Directions

Take five capsules per day.

#### 1 Capsule Contains:

Bakers Yeast Extract (Wellmune WGP®) (Standardized to contain 75% beta-glucan)	250 mg	*
Larch Arabinogalactan (Fiber Aid™)	85 mg	*

**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, stearic acid, magnesium stearate, and silicon dioxide.

#### 5 Capsules Contain:

Vitamin C (As Ascorbic Acid)	50 mg	80%
Niacin (as Nicotinic Acid)	125 mg	781%
Red Yeast Rice (as <i>Monascus Purpureus</i> )	1,250 mg	*
Citrus Bergamot Extract (47% Bergamot Polyphenolic Fraction) Bergamot Polyphenolic Fraction (80% Total Polyphenols) comprised of Neohesperidin, Naringin, Neohesperidin, Brutieridin, and Melitidin)	1,000 mg	*
Berberine HCl (97%)	500 mg	*
Grape Seed Extract (95% Proanthocyanidins)	25 mg	*

**Other Ingredients:** Natural vegetable capsules, silicon dioxide, and calcium palmitate.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Berbe Plus

### 1,000 mg Berberine HCL

Berbe Plus is designed to address several factors associated with ideal cardiometabolic health. The powerful combination of berberine and alpha lipoic acid (ALA) helps maintain heart function, metabolism, antioxidant status, and lipid and glucose levels.<sup>†</sup>

#### Directions

Take three capsules per day.

#### 3 Capsules Contain:

Vitamin C (as Ascorbyl Palmitate)	10 mg	11%
Berberine Hydrochloride Hydrate	1 g	*
Alpha Lipoic Acid	200 mg	*

**Other Ingredients:** Hypromellose (natural vegetable capsules), microcrystalline cellulose, magnesium stearate, and silicon dioxide.



## Berberine

Berberine is a naturally occurring plant alkaloid broadly used in traditional ayurvedic and Chinese herbal practices with demonstrated benefits for blood glucose and lipid metabolism. In addition, it is used to support gastrointestinal and immune health.<sup>†</sup>

#### Directions

Take two capsules twice per day.

#### 2 Capsules Contain:

Berberine HCL	1 g	*
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**Other Ingredients:** Capsule (hypromellose and water), dicalcium phosphate, ascorbyl palmitate, and silica.



## BioSpore IG

BioSpore IG is a spore-based, broad-spectrum probiotic formula designed to promote a healthy gut microflora, protect mucosal integrity, and relieve small intestinal bacterial overgrowth (SIBO). Each capsule provides key *Bacillus* spore-forming probiotic strains that remain in a dormant protective state and become active on target to colonize and recondition the gut.<sup>†</sup>

#### Directions

Take three capsules per day.

#### 3 Capsules Contain:

Calories	5	
Total Carbohydrates	<1 g	<1%
Protein	1 g	
Sodium	5 mg	<1%
Serum-Derived Bovine Immunoglobulin Concentrate (ImmunoLin®)	1 g	*
Immunoglobulin G (IgG)	480 mg	*
<i>Bacillus coagulans</i> (SNZ1969)	26 mg (2 Billion CFU)	*
<i>Bacillus clausii</i> (B106)	13 mg (1 Billion CFU)	*
<i>Bacillus subtilis</i> (HS43)	6.5 mg (1 Billion CFU)	*

**Other Ingredients:** Microcrystalline cellulose, hypromellose (natural vegetable capsules) and silicon dioxide.



## Brain Rest

### Relief without Side Effects<sup>†</sup>

Brain Rest includes 80 mg of Lavender Extract 10:1 - angustifolium. Lavender has a long history as an herb used for medicinal purposes. It is said to aid a variety of ailments and may help with mild sleeping problems, restlessness, anxiety, and nervousness.<sup>†</sup>

#### Directions

Take one capsule 1-2 times per day.

#### 1 Capsule Contains:

Lavender Extract	80 mg	*
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**Other Ingredients:** Micro crystalline cellulose (USP), vegetable capsule (cellulose, purified water).

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established





## Buffered C 500

Buffered C 500 contains Bioflavonoids, which increase the effectiveness of Vitamin C by 50%, as well as Calcium, Magnesium, Zinc, Manganese, and Potassium to help with the diuretic effect which accompanies higher intake of Vitamin C and often depletes the body's store of vital minerals.<sup>†</sup>

### Directions

Take one capsule 1-3 times per day with food.

### 1 Capsule Contains:

Vitamin C (as Ascorbic Acid and Mineral Ascorbates)	500 mg	556%
Calcium (as Calcium Carbonate and Calcium Ascorbate)	45 mg	3%
Magnesium (as Magnesium Ascorbate)	20 mg	5%
Zinc (as Zinc Ascorbate)	1.3 mg	12%
Manganese (as Manganese Ascorbate)	0.1 mg	4%
Potassium (as Potassium Citrate)	30 mg	1%
Pectin	50 mg	*
Mixed Citrus Bioflavonoids (Rose Hips, Orange, Lemon, Grapefruit, Acerola Cherry, Hesperidin, Rutin)	50 mg	*

**Other Ingredients:** Hypromellose (capsule), silica, vegetarian leucine.



## Buffered C 1,000

Buffered C 1,000mg contains Bioflavonoids, which increase the effectiveness of Vitamin C by 50%, as well as Calcium, Magnesium, Zinc, Manganese, and Potassium to help with the diuretic effect which accompanies higher intake of Vitamin C and often depletes the body's store of vital minerals.<sup>†</sup>

### Directions

Take one tablet with each meal.

### 1 Tablet Contains:

Vitamin C (as Ascorbic Acid and Mineral Ascorbates)	1,000 mg	1,111%
Calcium (as Calcium Carbonate and Calcium Ascorbate)	90 mg	7%
Magnesium (as Magnesium Ascorbate)	40 mg	10%
Zinc (as Zinc Ascorbate)	2.5 mg	23%
Manganese (as Manganese Ascorbate)	0.1 mg	4%
Potassium (as Potassium Citrate)	60 mg	1%
Pectin	100 mg	*
Mixed Citrus Bioflavonoids (Rose Hips, Orange, Lemon, Grapefruit, Acerola Cherry, Hesperidin, Rutin)	100 mg	*

**Other Ingredients:** Vegetable stearate, croscarmellose sodium, silicon dioxide, microcrystalline cellulose, stearic acid, and hydroxypropyl methylcellulose.



## CDG

### Supports Healthy Beta-Glucuronidase Activity<sup>†</sup>

CDG is the supplemental, patented calcium salt form of D-glucaric acid. Calcium D-glucarate's inhibition of beta-glucuronidase supports the body's ability to detoxify estrogens, xenobiotics, and fat-soluble toxins.<sup>†</sup>

### Directions

Take one capsule twice per day.

### 1 Capsule Contains:

Calcium (as Calcium D-Glucarate)	60 mg	5%
Calcium D-Glucarate	500 mg	*

**Other Ingredients:** Capsule (hypromellose and water), stearic acid, microcrystalline cellulose, magnesium stearate, and silica.



## Chelated Iron

Chelated Iron provides 29 mg of elemental iron per serving, ideally formulated using the amino acid chelate form of iron (ferrous bisglycinate) for enhanced absorption, optimal utilization, and gastrointestinal (GI) comfort. Supplementing with the right form of iron can help maintain healthy iron levels within the body and compliance to a supplement regimen.<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

Iron (as Ferrochel® Ferrous Bisglycinate Chelate)	29 mg	161%
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**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, and magnesium stearate.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Chelated Zinc

Chelated Zinc provides 54 mg of highly absorbed zinc, ideally formulated using the amino acid chelate form of zinc (zinc glycinate) for enhanced absorption, optimal utilization, and gastrointestinal comfort. Zinc helps boost immune function, maintain healthy tissue growth, and increase the antioxidant reserves that protect the body from free radical damage.<sup>†</sup>

### Directions

Take one or more capsules per day.

### 1 Capsule Contains:

Zinc (as TRAACS® Zinc Bisglycinate Chelate)	54 mg	491%
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**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, stearic acid, magnesium stearate, and silicon dioxide.



## Citrus Bergamot

### Heart Health & Cholesterol<sup>†</sup>

Citrus Bergamot is formulated to regulate and maintain normal, healthy cholesterol levels, a proper balance between LDL and HDL cholesterol, and to promote and support a healthy functioning cardiovascular system and arterial circulation.<sup>†</sup>

### Directions

Take one capsule with breakfast and one capsule with dinner per day.

### 1 Capsule Contains:

Citrus Bergamot Extract (47% Bergamot Polyphenolic Fraction) Bergamot Polyphenolic Fraction (80% Total Polyphenols) comprised of Neohesperidin, Naringin, Neohesperidin, Brutieridin, and Melitidin)	600 mg	*
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**Other Ingredients:** Calcium carbonate and stearic acid.



## CM Complete

### Helps Maintain Healthy Glucose Levels<sup>†</sup>

CM Complete is a natural and synergistic formula for maintaining balanced blood sugar. Through enhanced signaling at the cellular level, Diaxinol's® blend contains five ingredients provided at targeted doses for maximum efficacy.<sup>†</sup>

### Directions

Take two capsules per day.

### 2 Capsules Contain:

Biotin USP	3,000 mcg	10,000%
Chromium (as O-polynicotinate)	800 mcg	2,286%
Alpha Lipoic Acid	400 mg	*
Cinnamon Bark Extract (Cinnulin®)	150 mg	*
Vanadyl Sulfate Hydrate	50 mg	*

**Other Ingredients:** Hypromellose (natural vegetable capsules), microcrystalline cellulose, magnesium stearate, and silicon dioxide.



## Colon Ease

### Support for Gastrointestinal Regularity<sup>†</sup>

Colon Ease is designed to complement dietary fiber intake and support gastrointestinal (GI) regularity which plays a fundamental role in detoxification, providing a major route for elimination of toxins.<sup>†</sup>

### Directions

Take one to two capsules at bedtime with 8 oz of water

### 2 Capsules Contain:

Magnesium (as Magnesium Citrate)	200 mg	48%
Botanical Proprietary Blend Triphala Extract (( <i>Embellica officinalis</i> )(fruit), ( <i>Terminalia chebula</i> )(fruit), ( <i>Terminalia bellerica</i> )(fruit)(45% tannins)), Cape Aloe ( <i>Aloe ferox</i> )(leaf)	300 mg	*

**Other Ingredients:** Capsule (hypromellose and water), stearic acid, magnesium stearate, and medium-chain triglyceride oil.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Complete Cleanse

### Chocolate - Functional Protein Shake

Complete Cleanse is a comprehensive functional protein formula designed for healthy detoxification pathways and normal gastrointestinal function.

#### Directions

Mix 2 scoops with 10-12 ounces of water to the desired thickness.

#### 2 Scoops Contain:

Calories	120	
Total Fat	2.5 g	3%
Saturated Fat	1 g	5%
Total Carbohydrate	10 g	4%
Dietary Fiber	6 g	21%
Protein	20 g	
Vitamin A (as Beta Carotene)	750 mcg RAE	83%
Vitamin C (as Sodium Ascorbate)	250 mg	278%
Thiamin (as Thiamine Hydrochloride)	15 mg	1,250%
Riboflavin (as Riboflavin 5-phosphate)	5 mg	385%
Niacin (as Niacinamide)	40 mg NE	250%
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	294%
Folate [as L-5-Methyltetrahydrofolate Calcium (MagnaFolate® Pro)]	200 mcg DFE	50%
Vitamin B12 (as Methylcobalamin Dicalcium Phosphate)	50 mcg	2,083%
Biotin (as Biotin Dicalcium Phosphate)	150 mcg	500%
Pantothenic Acid (as d-Calcium Pantothenate)	35 mg	700%
Calcium (as Calcium Gluconate, Dicalcium Malate (DimaCal®))	300 mg	24%

#### Complete Cleanse Chocolate (Continued):

Iron	5 mg	28%
Iodine (as Potassium Iodide)	60 mcg	40%
Magnesium (as Dimagnesium Malate)	140 mg	33%
Zinc (as Zinc Bisglycinate Chelate (Albion®))	10 mg	91%
Selenium (as Selenium Glycinate)	2 mcg	2%
Manganese (as Manganese Bisglycinate Chelate (Albion®))	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate)	60 mcg	171%
Molybdenum (as Molybdenum Glycinate (Albion®))	35 mcg	78%
Sodium	275 mg	12%
Potassium	740 mg	16%
Choline (as Choline Bitartrate)	100 mg	18%
MCT (Medium Chain Triglycerides)	500 mg	*
L-Glutamine	500 mg	*
Pomegranate ( <i>Punica granatum</i> ) Pericarp Extract	400 mg	*
N-Acetyl-L-Cysteine	300 mg	*
Quercetin (as Quercetin Dihydrate)	250 mg	*
Betaine (Trimethylglycine)	250 mg	*
Japanese Sophora ( <i>Sophora japonica</i> ) Flower Extract	200 mg	*
Broccoli ( <i>Brassica oleracea var. italica</i> ) Seed Extract (TrueBroc®)	200 mg	*
Turmeric ( <i>Curcuma longa</i> ) Rhizomes Extract (Curcumin C3 Complex®)	200 mg	*
Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract	100 mg	*
Japanese Knotweed ( <i>Polygonum cuspidatum</i> ) Root Extract	100 mg	*

**Other Ingredients:** Organic whole pea protein, organic pumpkin protein seed powder, natural flavors, sprouted brown rice protein, oat hulls fiber (Vitacel®), cocoa powder, Sunfiber® R, tripotassium citrate, guar gum, gum acacia, xanthan gum, stevia (Rebaudioside M) leaf extract.





## Complete Cleanse

### Vanilla - Functional Protein Shake

Complete Cleanse is a comprehensive functional protein formula designed for healthy detoxification pathways and normal gastrointestinal function.

#### Directions

Mix 2 scoops with 10-12 ounces of water to the desired thickness.

#### 2 Scoops Contain:

Calories	120	
Total Fat	2 g	3%
Saturated Fat	1 g	5%
Total Carbohydrate	10 g	4%
Dietary Fiber	6 g	21%
Protein	20 g	
Vitamin A (as Beta Carotene)	750 mcg RAE	83%
Vitamin C (as Sodium Ascorbate)	250 mg	278%
Thiamin (as Thiamine Hydrochloride)	15 mg	1,250%
Riboflavin (as Riboflavin 5-phosphate)	5 mg	385%
Niacin (as Niacinamide)	40 mg NE	250%
Vitamin B6 (as Pyridoxal 5-Phosphate)	5 mg	294%
Folate [as L-5-Methyltetrahydrofolate Calcium (MagnaFolate® Pro)]	200 mcg DFE	50%
Vitamin B12 (as Methylcobalamin Dicalcium Phosphate)	50 mcg	2,083%
Biotin (as Biotin Dicalcium Phosphate)	150 mcg	500%
Pantothenic Acid (as d-Calcium Pantothenate)	35 mg	700%
Calcium (as Calcium Gluconate, Dicalcium Malate (DimaCal®))	300 mg	24%

#### Complete Cleanse Vanilla (Continued):

Iron	5 mg	28%
Iodine (as Potassium Iodide)	60 mcg	40%
Magnesium (as Dimagnesium Malate)	140 mg	33%
Zinc (as Zinc Bisglycinate Chelate (Albion®))	10 mg	91%
Selenium (as Selenium Glycinate)	2 mcg	2%
Manganese (as Manganese Bisglycinate Chelate (Albion®))	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate)	60 mcg	171%
Molybdenum (as Molybdenum Glycinate (Albion®))	35 mcg	78%
Sodium	290 mg	13%
Potassium	590 mg	13%
Choline (as Choline Bitartrate)	100 mg	18%
MCT (Medium Chain Triglycerides)	500 mg	*
L-Glutamine	500 mg	*
Pomegranate ( <i>Punica granatum</i> ) Pericarp Extract	400 mg	*
N-Acetyl-L-Cysteine	300 mg	*
Quercetin (as Quercetin Dihydrate)	250 mg	*
Betaine (Trimethylglycine)	250 mg	*
Japanese Sophora ( <i>Sophora japonica</i> ) Flower Extract	200 mg	*
Broccoli ( <i>Brassica oleracea var. italica</i> ) Seed Extract (TrueBroc®)	200 mg	*
Turmeric ( <i>Curcuma longa</i> ) Rhizomes Extract (Curcumin C3 Complex®)	200 mg	*
Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract	100 mg	*
Trans-Resveratrol (from <i>Polygonum cuspidatum</i> Root Extract)	100 mg	*

**Other Ingredients:** Organic whole pea protein, organic pumpkin protein seed powder, sprouted brown rice protein, natural & organic flavors, oat hulls fiber (Vitalcel®), Sunfiber® R, tripotassium citrate, guar gum, gum acacia, xanthan gum, luohanguo fruit extract.



## CoQ10

### 200mg CoQsol®

Coenzyme Q10 (CoQ10) is an essential component of cellular energy production, and has been shown to extend cell life and benefit high-energy systems, namely the cardiovascular, neurological, and immune systems.<sup>†</sup>

#### Directions

Take one softgel per day.

#### 2 Softgels Contain:

Vitamin E (from 200 IU D-Alpha Tocopherol)	134 mg	893%
Coenzyme Q10	200 mg	*

**Other Ingredients:** Gelatin, rice bran oil, glycerin, purified water, yellow beeswax, annatto extract, natural mixed carotenoids.



## CoQ10 300 mg

### High Concentration Coenzyme Q10

Coenzyme Q10 (CoQ10) is an essential component of cellular energy production, and has been shown to extend cell life and benefit high-energy systems, namely the cardiovascular, neurological, and immune systems.<sup>†</sup>

#### Directions

Take one softgel per day.

#### 2 Softgels Contain:

Vitamin E (from 30 IU as d-Alpha Tocopherol)	20 mg	133%
CoEnzyme Q10	300 mg	*

**Other Ingredients:** D-Limonene oil, gelatin, glycerin, purified water, mixed-tocopherols, red radish powder, carob extract concentrate, caramel liquid and medium chain triglycerides.



## CurcuWell-95

### BCM-95® Curcumin Complex

CurcuWell-95 features BCM-95®—a 100% pure turmeric extract standardized to curcumin, demethoxycurcumin, bisdemethoxycurcumin, and essential oils of turmeric rhizome. This natural composition optimizes bioavailability and reflects true turmeric identity to deliver optimal health benefits.<sup>†</sup>

#### Directions

Take one capsule twice per day.

#### 1 Capsule Contains:

BCM-95® Turmeric Extract ( <i>Curcuma longa</i> ) (rhizome) (95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils) (86% curcuminoids) (65% curcumin)	500 mg	*
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**Other Ingredients:** HPMC (capsule), dicalcium phosphate, ascorbyl palmitate, silica, and carboxymethyl cellulose.



## D3 & K2

### Vitamin D3 5,000 & K2 (as MK-7)

Using a combination of vitamins D and K in their most bioavailable forms, D3 & K2 supports healthy bones, as well as cardiovascular health and immune function.<sup>†</sup>

#### Directions

Take one capsule per day.

#### 1 Capsule Contains:

Vitamin D3 (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K2 (as Menaquinone-7) (MK-7) (VitaMK-7®)	180 mcg	*

**Other Ingredients:** Natural vegetable capsules and organic rice concentrate.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## D3-10,000 + K2

### Bioidentical Vitamin D

D3-10,000 + K2 is a soy-free, natural vitamin D3 and vitamin K2 formula. Natural vitamin D3 (cholecalciferol) is four times more potent than synthetic vitamin D2, and when combined with calcium and vitamin K2, has a significant impact on overall bone health.

#### Directions

Take one softgel per day.

#### 1 Softgel Contains:

Vitamin D3 (as Cholecalciferol) (10,000 IU)	250 mcg	1,250%
Vitamin K2 (as Menaquinone-7)	50 mcg	42%

**Other Ingredients:** Extra virgin olive oil, geletin (bovine), glycerin, water.



## Daily Binder

Daily Binder is a comprehensive binding formula containing natural ingredients to support enhanced clearance of heavy metals, mycological agents, and organic compounds like glyphosate from the gastrointestinal tract. This product supports elimination to reduce hepatic reabsorption and help relieve toxic load.<sup>†</sup>

#### Directions

Take two capsules between meals.

#### 2 Capsules Contain:

Iron	2 mg	11%
Zeolite Clay (G-PUR®)(Standardized to contain 70% Purified Clinoptilolite)	400 mg	*
Activated Charcoal	100 mg	*
Shilajit (PrimaVie®)	100 mg	*
Fulvic Acid	50 mg	*
Humic Acid	5 mg	*

**Other Ingredients:** Microcrystalline cellulose, hypromellose (natural vegetable capsules), stearic acid, silicon dioxide, and magnesium stearate.



## DHEA 5 mg

### Micronized Dehydroepiandrosterone

Dehydroepiandrosterone (DHEA) is a steroid hormone precursor, which helps maintain healthy hormone levels and helps support the stress response system. DHEA functions as the counterpart to the stress hormone cortisol.<sup>†</sup>

#### Directions

Take one tablet per day.

#### 1 Tablet Contains:

DHEA (Dehydroepiandrosterone)	5 mg	*
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**Other Ingredients:** Isomalt, natural cane sugar, croscarmellose sodium, potassium bicarbonate, natural cherry flavor, sodium stearyl fumarate, stearic acid, silicon dioxide, and turmeric root.



## DHEA 25 mg

### Micronized Dehydroepiandrosterone

Dehydroepiandrosterone (DHEA) is a steroid hormone precursor, which helps maintain healthy hormone levels and helps support the stress response system. DHEA functions as the counterpart to the stress hormone cortisol.<sup>†</sup>

#### Directions

Take one capsule per day.

#### 1 Capsule Contains:

DHEA (Dehydroepiandrosterone)	25 mg	*
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**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, magnesium stearate, and silicon dioxide.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Digestive Enzymes

### Vegetarian, Acid Resistant Enzyme Blend†

Digestive Enzymes is designed to help maximize the absorption of nutrients from food and the digestion of difficult to digest foods like protein, fat, starches, and fiber.† Available in both 90ct and 180ct.

#### Directions

Take one capsule 15 minutes before a meal.

#### 1 Capsule Contains:

<b>Enzyme Blend</b>	235 mg	
Amylase	7,650 DU	*
Protease 4.5	20,400 HUT	*
Protease 6.0	2,550 HUT	*
Protease 3.0	10 SAPU	*
Neutral Protease	3,825 PC	*
Acid Maltase	10.7 MaltU	*
Bromelain (equivalent to 25.5 GDU) (from Pineapple)	382,500 FCC PU	*
Papain	357,000 USP units	*
Glucoamylase	12.75 AGU	*
Peptidase	2,550 HUT	*
Lactase	816 ALU	*
Alpha-galactosidase	102 GalU	*
Lipase	1,070 FIP	*
Pectinase	7.65 endo-PGU	*
Invertase	433 SU	*
Cellulase	178 CU	*
Xylanase	255 XU	*
CereCalase® (Hemicellulase, Beta-Glucanase, and Phytase)	150 MU	*
Artichoke Leaf Extract (Standardized to contain 5% Cynarin)	150 mg	*
Gentian Root Extract 4:1	100 mg	*

**Other Ingredients:** Natural vegetable capsules, silicon dioxide and magnesium stearate.

Contains plant enzymes.



## Digestive Enzymes HCL

Digestive Enzymes HCL is a full-spectrum enzyme strategically designed to support each phase of digestion. This unique blend of high-powered enzymes works in synergy to enhance digestion and ensure maximum nutrient intake.†

#### Directions

Take one to two capsules before each meal.

#### 2 Capsules Contain:

Sodium	15 mg	<1%
Pancreatin	350 mg	*
Protease (from Pancreatin) (70,000 USP Units)		*
Amylase (from Pancreatin) (70,000 USP Units)		*
Lipase (from Pancreatin) (5,600 USP Units)		*
Betaine Hydrochloride USP	300 mg	*
Pepsin	150 mg (450,000 FCC Units)	*
Ox Bile (Desiccated)	120 mg	*
Bromelain (from Pineapple)	100 mg (240 GDU)	*
Papain	100 mg (600,000 USP Units)	*

**Other Ingredients:** Gelatin (capsules), microcrystalline cellulose, magnesium stearate, and calcium silicate.



## DIM 150 mg

### Healthy Estrogen Metabolism†

DIM, a compound derived from the digestion of cruciferous vegetables like kale, broccoli, and Brussels sprouts, is known for its ability to support healthy estrogen metabolism, as well as breast and prostate health.†

#### Directions

Take one capsule per day.

#### 1 Capsule Contains:

DIM (as Diindolylmethane)	150 mg	*
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**Other Ingredients:** Natural vegetable capsules and organic rice hulls concentrate.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Duo Detox

### Dual Phase Optimizers

Duo Detox is formulated with a unique blend of vitamins and phytonutrients that support phase I and phase II detoxification pathways. It also provides antioxidant support to minimize the damaging effects of free radicals generated between the two phases.<sup>†</sup> Available in both 50ct and 120ct.

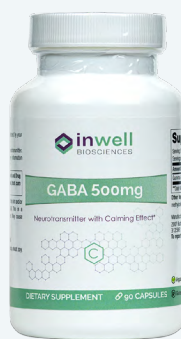
### Directions

Take one capsule per day.

### 1 Capsule Contains:

Vitamin A	600 mcg	67%
Vitamin C (Ascorbic Acid)	100 mg	111%
Thiamin (Vitamin B1)	10 mg	833%
Riboflavin (Vitamin B2)	5 mg	385%
Vitamin B6 (as Pyridoxal 5 Phosphate)	20 mg	1,176%
Folate (from Magnafolate® C (6S)-5-Methyletrahydrofolic acid calcium salt)	340 mcg DFE	85%
Vitamin B12 (Methylcobalamin)	100 mcg	4,167%
Artichoke Aqueous Extract (Leaf)	200 mg	*
Watercress Aerial Parts	200 mg	*
Alpha Lipoic Acid	100 mg	*
N-Acetyl-L-Cysteine	100 mg	*
Pomegranate Extract (hull)	100 mg	*
Broccoli Seed Extract	100 mg	*
Green Tea Leaf Extract (45% EGCG)	100 mg	*
Calcium D-Glucarate	50 mg	*
L-Methionine	50 mg	*
Milk Thistle Seed Extract	50 mg	*
Methylsulfonylmethane	50 mg	*

**Other Ingredients:** Natural vegetable capsules, organic rice concentrate (Nu-Flow®), calcium palmitate.



## GABA 500 mg

### Neurotransmitter with Calming Effect<sup>†</sup>

GABA is a naturally occurring amino acid classified as a neurotransmitter. Neurotransmitters are chemical messengers which carry information between nerve cells. GABA is known for its calming effect.<sup>†</sup>

### Directions

Take one capsule 3 times per day.

### 1 Capsule Contains:

Gamma Aminobutyric Acid (GABA)	500 mg	*
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**Other Ingredients:** Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), L-leucine, bamboo silica.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established





## GI Reset<sup>†</sup>

### A Delicious Natural Peach-Flavored Powder<sup>†</sup>

GI Reset is formulated with specific amino acids, botanical extracts, and minerals to offer comprehensive support for gastrointestinal (GI) health and function.<sup>†</sup>

#### Directions

Mix 8 grams (approximately one tablespoon) in water or other liquid once per day.

#### 8 Grams Contains:

Calories	20	
Cholesterol	<5 mg	<2%
Total Carbohydrates	4 g	1%
Dietary Fiber	<1 g	<4%
Total Sugars	1 g	*



## Glutamine Complete

### Chocolate - 4 g L-Glutamine

Glutamine Complete is designed to promote the health and barrier function of the gastrointestinal (GI) lining which helps keep unwanted toxins, microbes, and food particles from passing directly into the body.<sup>†</sup>

#### Directions

Mix 1 scoop with water or beverage of your choice once per day.

#### 1 Scoop Contains:

Calories	5	
Total Carbohydrates	<1 g	<1%
Total Sugars	<1 g	*
Vitamin A (from 2,000 IU as Palmitate)	600 mcg	67%
Zinc (as Albion® Minerals Zinc Bisglycinate Chelate)	10 mg	91%
L-Glutamine USP	4 g	*
N-Acetyl-D-Glucosamine	500 mg	*
Deglycyrrhized Licorice Root Extract	400 mg	*
Aloe vera Leaf Gel Extract	75 mg	*

**Other Ingredients:** Natural flavors, cocoa processed with alkali and rebaudioside a (organic).

**Contains:** Crustacean Shellfish (Shrimp and Crab)

#### GI Reset (Continued):

Zinc (from Zinc L-Carnosine 75 mg)	17 mg	155%
L-Glutamine	1.5 g	*
N-Acetyl-D-Glucosamine	1 g	*
Citrus Pectin	1 g	*
Deglycyrrhized Licorice (DGL) ( <i>Glycyrrhiza glabra</i> ) (root)	400 mg	*
Aloe Vera Extract ( <i>Aloe barbadensis</i> ) (leaf)	300 mg	*
Slippery Elm Extract ( <i>Ulmus rubra</i> ) (bark)	200 mg	*
Mucin	200 mg	*
Marshmallow ( <i>Althea officinalis</i> ) (root)	100 mg	*
Chamomile Extract ( <i>Matricaria chamomilla</i> ) (flower)	100 mg	*
Okra Extract ( <i>Abelmoschus esculentus</i> ) (fruit)	100 mg	*
Cat's Claw ( <i>Uncaria tomentosa</i> ) (bark)	100 mg	*
Methylsulfonylmethane (MSM)	100 mg	*
Quercetin	100 mg	*
Prune Powder	100 mg	*

**Other Ingredients:** Tapioca dextrin, natural flavors, certified organic stevia leaf extract (*stevia rebaudiana*), citric acid, cellulose gum, silicon dioxide, decaffeinated black tea (*camellia sinensis*) (leaf).



## Glutamine Complete

### Vanilla - 4 g L-Glutamine

Glutamine Complete is designed to promote the health and barrier function of the gastrointestinal (GI) lining which helps keep unwanted toxins, microbes, and food particles from passing directly into the body.<sup>†</sup>

#### Directions

Mix 1 scoop with water or beverage of your choice once per day.

#### 1 Scoop Contains:

Calories	5	
Total Carbohydrates	<1 g	<1%
Total Sugars	<1 g	*
Vitamin A (from 2,000 IU as Palmitate)	600 mcg	67%
Zinc (as Albion® Minerals Zinc Bisglycinate Chelate)	10 mg	91%
L-Glutamine USP	4 g	*
N-Acetyl-D-Glucosamine	500 mg	*
Deglycyrrhized Licorice Root Extract	400 mg	*
Aloe vera Leaf Gel Extract	75 mg	*

**Other Ingredients:** Natural flavors, rebaudioside a (organic), and silicon dioxide.

**Contains:** Crustacean Shellfish (Shrimp and Crab)

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## GlycoWell

GlycoWell is formulated to strengthen the endothelial glycocalyx by providing the foundational building blocks that make up this delicate defensive barrier. GlycoWell delivers full-spectrum support to strengthen and protect the artery wall's microscopic, gel-like barrier.<sup>†</sup>

### Directions

Take three capsules per day.



## Herbal Calming Blend<sup>†</sup>

Herbal Calming Blend is a comprehensive combination of herbs traditionally used to support a general sense of calm. This formulation can help promote a state of relaxation and reduce brain chatter.<sup>†</sup>

### Directions

Take two capsules per day.

### 3 Capsules Contain:

Calories	10	
Total Carbohydrates	2 g	1%
Protein	<1 g	<1%
Sodium	15 mg	1%
Potassium (from Glucosamine Sulfate Potassium Chloride USP)	199 mg	4%
Proprietary Blend	2.3 g	*
Glucosamine Sulfate Potassium Chloride USP		*
Fucus Vesiculosus Seaweed Extract (Whole Plant) (Maritech® Synergy) (Contains Fucoidan and Polyphenols)		*
Chicken Comb Extract (MOBILEE®) (Standardized to contain 40 mg Hyaluronic Acid)		*

**Other Ingredients:** Hypromellose (natural vegetable capsules), microcrystalline cellulose, magnesium stearate, and silicon dioxide.

### 2 Capsules Contain:

Valerian Root Extract	150 mg	*
Passionflower Herb Extract	150 mg	*
Chamomile Flower Extract	150 mg	*
English Lavender Flower Powder	120 mg	*
Peppermint Leaf Powder	100 mg	*
Succalcap Herb Powder	80 mg	*
Hops Flower Powder	40 mg	*
Catnip Herb Powder	40 mg	*
Myrrh Oleo-Gum-Resin Powder	40 mg	*
Bacopa Whole Herb Extract	30 mg	*

**Other Ingredients:** Hypromellose capsule, rice flour, magnesium stearate.



## IgG 1,150 mg

Purified, Dairy-Free Immunoglobulin G

Pure IgG helps to maintain a healthy intestinal immune system by binding a broad range of microbes and toxins within the gut lumen.<sup>†</sup>

### Directions

Take four capsules per day.



## ImmunoG

Concentrated Immunoglobulin G

ImmunoG is a highly concentrated (40%) immunoglobulin G (IgG) formula that provides essential nutrition for improved immune health. This pure and high-concentration formula provides improved immune modulation and strengthens the gut-immune barrier.<sup>†</sup>

### Directions

Take four capsules per day.

### 4 Capsules Contain:

Calories	10	
Protein	2 g	
Sodium	15 mg	<1%
Serum-Derived Bovine Immunoglobulin Concentrate (ImmunoLin®)	2.42 g	*
Immunoglobulin G (IgG)	1.15 g	*

**Other Ingredients:** Hypromellose (natural vegetable capsules) and magnesium stearate.

### 4 Capsules Contain:

Calories	10	
Cholesterol	<5 mg	1%
Protein	2 g	
Sodium	10 mg	<1%
Colostrum concentrate (bovine)	2.5 g	*
Immunoglobulin G (IgG)	1 g	*
Lactoferrin	13 mg	*

**Other Ingredients:** Hypromellose (natural vegetable capsules) and magnesium stearate.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## InflamWell<sup>†</sup>

InflamWell is a combination of herbs, nutrients, and proteolytic enzymes for modulating the body's inflammatory response, supporting the natural clearance of proteins, and supporting healthy lymphatic drainage. InflamWell provides natural support for a healthy inflammatory response and helps protect against oxidative stress.<sup>†</sup>

### Directions

Take two capsules per day between meals.

### 2 Capsules Contain:

InflamENZ <sup>™</sup> Proprietary Blend Proteases, Serratiopeptidase, Trypsin, Chymotrypsin	222 mg	*
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### InflamWell (Continued):

Turmeric Extract ( <i>Curcuma longa</i> ) (root) [standardized to contain 95% curcuminoids]	200 mg	*
Boswellia Extract (Boswellin®) ( <i>Boswellia serrata</i> ) (resin) [standardized to contain 70% boswellic acids]	200 mg	*
Ginger Extract ( <i>Zingiber officinale</i> ) (root) [standardized to contain 5% gingerol]	200 mg	*
Quercetin	75 mg	*
Rutin	75 mg	*
Rosemary Extract ( <i>Rosmarinus officinalis</i> ) (leaf) [standardized to contain 7% carnosic acid]	50 mg	*
Trans Resveratrol (Veri-te <sup>™</sup> )	5 mg	*

**Other Ingredients:** Cellulose (vegetarian capsule), microcrystalline cellulose, vegetable stearate, silicon dioxide.



## Innate Stim

Innate Stim is a targeted formula specifically designed to support the body's immune response by boosting natural killer (NK) cell activity. Innate Stim is the ideal preparation for those with immune challenges and gastrointestinal-related concerns.<sup>†</sup>

### Directions

Take two capsules twice per day.

### 2 Capsules Contain:

Zinc (as TRAACS® Zinc Bisglycinate Chelate)	10 mg	91%
Arabinogalactan Heartwood (from Larch Tree)	610 mg	*
Olive Leaf Extract (Standardized to contain 20% Oleuropein)	400 mg	*
Aloe vera Leaf Gel Extract	130 mg	*

**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, and magnesium stearate.



## InWellMune

### Long-Term Immune Support<sup>†</sup>

InWellMune is a blend of nutrients vital to overall efficient immune system function that also promotes respiratory health. These gentle yet effective ingredients can be taken daily to sustain immune and antioxidant defenses without being overstimulating.<sup>†</sup>

### Directions

Take two capsules per day.

### 2 Capsules Contain:

Vitamin A (as retinyl palmitate)	1,500 mcg	167%
Vitamin C (ascorbic acid)	300 mg	333%
Vitamin D3 (cholecalciferol)	62.5 mcg (2,500 IU)	313%
Zinc (as zinc bisglycinate chelate)	20 mg	182%
N-Acetyl-L-Cysteine	600 mg	*
Quercetin (as quercetin dihydrate) (from <i>Sophora japonica</i> ) (bud)	200 mg	*

**Other Ingredients:** Capsule (hypromellose and water), ascorbyl palmitate, and silica.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Inwellness Pack

### A Supplement Trio to Achieve Optimal Nutrition†

Inwellness Packs provide a targeted combination of three nutritional formulas in easy-to-take packets. Each packet contains key B vitamins, chelated minerals, fish oil, phytonutrients, and an optimal 2:1 ratio of magnesium to calcium.

#### Directions

Take one packet per day.

#### 1 Packet Contains:

Calories	15	
Total Fat	1.5 g	2%
Cholesterol	<5 mg	<2%
Vitamin A (from 7,500 IU as Natural Beta Carotene, Palmitate)	2,250 mcg	250%
Vitamin C (as Calcium Ascorbate USP, Ascorbic Acid USP)	500 mg	556%
Vitamin D (D3 as Cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (from 100 IU as d-Alpha Tocopherol Succinate USP)	67 mg	447%
Vitamin K (K1 as Phytonadione)	50 mcg	42%
Thiamin (Vitamin B1) (from Thiamine Hydrochloride USP)	25 mg	2,083%
Riboflavin (Vitamin B2 USP)	25 mg	1,923%
Niacin (as Niacin USP, Niacinamide USP)	25 mg	156%
Vitamin B6 (as Pyridoxine Hydrochloride USP)	37 mg	2,176%
Folate (from 400 mcg as Quatrefolic® (6S) 5-Methyltetrahydrofolic acid glucosamine salt)	680 mcg DFE	170%
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%
Biotin	200 mcg	667%
Pantothenic Acid (as d-Calcium Pantothenate USP)	150 mg	3,000%
Choline (as Choline Bitartrate)	19 mg	3%
Calcium (as DimaCal™ Dicalcium Malate, Calcium Ascorbate USP, d-Calcium Pantothenate USP)	100 mg	8%

#### Inwellness Pack (Continued):

Iodine (from Kelp)	112 mcg	75%
Magnesium (as DiMagnesium Malate, TRAACS™ Magnesium Lysinate Glycinate Chelate)	200 mg	48%
Zinc (as TRAACS™ Zinc Bisglycinate Chelate)	10 mg	91%
Selenium (as Selenium Glycinate Complex)	100 mcg	182%
Copper (as TRAACS™ Copper Bisglycinate Chelate)	1 mg	111%
Manganese (as TRAACS™ Manganese Bisglycinate Chelate)	2.5 mg	109%
Chromium (as O-polynicotinate)	200 mcg	571%
Molybdenum (as TRAACS™ Molybdenum Glycinate Chelate)	25 mcg	56%
Potassium (as Potassium Citrate USP)	50 mg	1%
Total Omega-3s (as Triglycerides)	950 mg	*
EPA (Eicosapentaenoic Acid)	430 mg	*
DHA (Docosahexaenoic Acid)	390 mg	*
Omega 3s (additional)	130 mg	*
Turmeric Root Extract (Complete Turmeric Matrix) (Standardized to contain 45-55% Curcuminoids, 3-8% Volatile Oil, 2-6% Turmerin)	200 mg	*
Broccoli Seed Extract (TrueBroc®) (Standardized to contain 13% Glucoraphanin)	115 mg	*
DPA (Docosapentaenoic Acid)	50 mg	*
Inositol NF	50 mg	*
Mixed Tocopherols	50 mg	*
Trans-Resveratrol (from <i>Polygonum cuspidatum</i> (Roots))	50 mg	*
<i>Andrographis paniculata</i> Extract (Leaves) (ParActin® (Bioactive 14-Neo-Andro Compound)) (Standardized to contain 50% Andrographolides)	30 mg	*
Rutin	25 mg	*
Boron (as Bororganic Glycine)	1.5 mg	*
Vanadyl Sulfate Hydrate	1 mg	*
Vitamin K2 (as Menaquinone-7 (MK-7)) (MenaQ®PRO)	12.5 mcg	*

**Other Ingredients:** Fish oil (anchovy) (highly refined and concentrated omega-3), gelatin, glycerin, water (purified), natural flavors, rosemary extract (leaf), hypromellose (natural vegetable capsules), ascorbyl palmitate, microcrystalline cellulose, magnesium stearate, stearic acid and silicon dioxide.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## L-Glutathione

Glutathione has been termed "the master antioxidant" because of its ability to quench free radicals and protect cells from damage. L-Glutathione contains Setria®, the only supplemental glutathione backed by a human clinical trial that shows significant uptake of this critical nutrient.<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

L-Glutathione (Reduced) (Setria®)	250 mg	*
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**Other Ingredients:** Hypromellose (natural vegetable capsule), microcrystalline cellulose, silicon dioxide and magnesium stearate.



## Liposomal Glutathione

Liposomal Glutathione provides 500 mg of pure glutathione and activated B vitamin cofactors delivered in phosphatidylcholine liposomes for optimal absorption and bioavailability support. Research has shown that glutathione plays an important role in immune system support and the detoxification of body systems.<sup>†</sup>

### Directions

Take one teaspoon (4mL) once per day. Mix with water or juice. Shake well before use.

### 1 Teaspoon Contains:

Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	2 mg	118%
Vitamin B6 (as pyridoxal-5'-phosphate)	1 mg	50%
Glutathione	500 mg	*
Proprietary Blend	500 mg	*
Lecithin (from sunflower)		
Glycerin (from sustainable palm) (kernel)		

**Other Ingredients:** Purified water, natural flavors, stevia extract (steviol glycosides), potassium sorbate.



## Liposomal Vitamin C

### Enhanced Absorption Technologies<sup>†</sup>

Liposomal Vitamin C provides 1,000 mg of Vitamin C delivered in phosphatidylcholine liposomes for optimal absorption and bioavailability support.<sup>†</sup> Available in both 30 and 60 servings.

### Directions

Take one teaspoon (5mL) once per day. Mix with water or juice. Shake well before use.

### 1 Teaspoon Contains:

Vitamin C (as sodium ascorbate and ascorbic acid)	1,000 mg	1,111%
Sodium (as sodium ascorbate)	124 mg	5%
Proprietary Blend	500 mg	*
Lecithin (from sunflower) (non-GMO)		
Glycerin (from sustainable palm) (kernel)		
Carnitine fumarate	100 mg	*

**Other Ingredients:** Purified water, natural orange flavor, stevia extract (steviol glycosides), potassium sorbate.



## Liquid Vitamin D3 & K2

Using a combination of vitamins D and K in their most bioavailable forms, D3 & K2 supports healthy bones, as well as cardiovascular health and immune function.<sup>†</sup> This tasteless liquid formula can easily be combined with any beverage.

### Directions

Take one or more drops per day (directly on the tongue or mixed into a beverage).

### 1 Drop Contains:

Vitamin D (D3 as Cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin K2 (as Menaquinone-7 (MK-7)) (MenaQ7®PRO)	10 mcg	*

**Other Ingredients:** Medium chain triglycerides.

**WARNING:** All forms of Vitamin K may interact with blood thinning medications. If you are taking such medicines please consult with your physician before taking this product.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established





## Lithium Orotate

Lithium is a trace mineral that has long been used to support a healthy outlook and emotional wellness. Low dosages of lithium have been shown in research to support the brain's natural detoxification process, provide antioxidant support, and promote the natural balance of brain neurotransmitters<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

Lithium (as Lithium Orotate)	10 mg	*
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**Other Ingredients:** Microcrystalline cellulose, hypromellose (natural vegetable capsule), magnesium stearate and silicon dioxide.



## L-Theanine 200 mg

**Patented Ingredient Supports Calm and Relaxation<sup>†</sup>**

L-Theanine is a naturally occurring amino acid found in green tea leaves. L-theanine has been found to reduce stress by promoting relaxation without drowsiness, easing nervousness due to overwork and fatigue, and reducing nervous irritability.<sup>†</sup>

### Directions

Take one to two capsules twice per day.

### 2 Capsules Contain:

L-Theanine (Suntheanine®)	400 mg	*
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**Other Ingredients:** HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.



## Magnesium 125 mg

**Proprietary Blend of Patented Magnesium**

Magnesium participates in the development of bones and teeth; the metabolism of carbohydrates, blood glucose, fats, and proteins; the formation of cells and tissues; and the maintenance of muscle function.<sup>†</sup>

### Directions

Take one to two capsules twice per day at or between meals.

### 2 Capsules Contain:

Magnesium (as dimagnesium malate and magnesium lysinate glycinate)	250 mg	60%
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**Other Ingredients:** Capsule (hypromellose), hydroxypropyl cellulose, ascorbyl palmitate, microcrystalline cellulose, and silica.



## Magnesium Citrate

**Extra Strength (200 mg)**

Magnesium Citrate is essential for energy production and metabolism. It supports normal muscle contraction and relaxation responses during rest or vigorous activity. It may also help with nocturnal leg muscle cramps and support healthy bone structure.<sup>†</sup>

### Directions

Take one capsule 2-3 times per day with meals.

### 1 Capsule Contains:

Magnesium (as magnesium citrate and magnesium oxide)	200 mg	48%
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**Other Ingredients:** Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Magnesium L-Threonate

Magnesium L-Threonate uses the patented mineral Magtein®, a highly bioavailable form of magnesium that has the potential to cross the blood-brain barrier. Research demonstrates that elevating brain magnesium content through supplementation with magnesium L-threonate may be a useful strategy to support cognitive abilities and healthy memory.<sup>†</sup>

### Directions

Take three capsules per day.

### 3 Capsules Contain:

Magnesium (from 2 g Magtein® Magnesium L-Threonate)	145 mg	34%
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**Other Ingredients:** Cellulose (capsule), dicalcium phosphate, vegetable stearate, microcrystalline cellulose.



## Melatonin

### 3 mg Quick-Dissolve

Melatonin is produced naturally in the pineal gland of the brain in response to changes in light exposure; it helps maintain healthy sleep patterns as well as antioxidant and immune activities.<sup>†</sup> Each tablet is peppermint flavored.

### Directions

Take one quick-dissolve tablet 15 to 60 minutes before bedtime.

### 1 Tablet Contains:

Melatonin	3 mg	*
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**Other Ingredients:** Xylitol, mannitol, stearic acid, silica, magnesium stearate, and natural peppermint flavor.



## Methyl B

### B Complex with Benfotiamine and Quatreolic®

Methyl B contains the entire spectrum of B vitamins to support adrenal, neurological, and stress-related functions. It features activated forms of vitamins B2, B6, and B12; benfotiamine, a fat soluble, more physiologically active form of thiamin; and folate as Quatreolic®.<sup>†</sup>

### Directions

Take one capsule 1-2 times per day.

### 1 Capsule Contains:

Thiamin (as thiamine HCl)	20 mg	1,667%
Riboflavin (as riboflavin 5'-phosphate sodium)	20 mg	1,538%
Niacin (as niacinamide and niacin)	140 mg	875%
Vitamin B6 (as pyridoxal 5'-phosphate)	20 mg	1,176%
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	680 mcg DFE	170%
Vitamin B12 (as methylcobalamin)	400 mcg	16,667%
Biotin	400 mcg	1,333%
Pantothenic Acid (as d-calcium pantothenate)	150 mg	3,000%
Choline (as choline dihydrogen citrate)	30 mg	5%
Benfotiamine	20 mg	*

**Other Ingredients:** Capsule (hypromellose and water), steric acid, magnesium stearate, and silica.



## Methyl B Complete

### 2,000 mcg of Magnafolate® C<sup>†</sup>

Formulated with four essential B vitamins, Methyl B Complete supports healthy methylation and homocysteine levels for cardiovascular and brain health.<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

Riboflavin (as Riboflavin-5-Phosphate)	30 mg	2,308%
Vitamin B6 (as Pyridoxal-5-Phosphate)	30 mg	1,765%
Folate (from Magnafolate® C (6S)-5-Methyletrahydrofolate calcium salt)	3,400 mcg DFE	850%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41,667%
Betaine (Trimethylglycine)	500 mg	*

**Other Ingredients:** Vegetable cellulose (capsule), stearic acid, calcium palmitate

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Methyl B Minus 6

### Free of B6

Methyl B Minus 6 is a Vitamin B Complex formulated without B6 for over-methylators presenting with Mega B6 syndrome. This blend promotes DNA repair, Neurotransmitter production, detoxification, homocysteine, and hormone balance.<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

Riboflavin (as Riboflavin 5 Phosphate)	25 mg	1,923%
Folate (as Quatrefolic® L-5-Methyltetrahydrofolate, Glucosamine Salt)	3,400 mcg DFE	850%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41,667%
Trimethyl Glycine (TMG) - Betaine Anhydrous	500 mg	*

**Other ingredients:** Microcrystalline cellulose (usp), vegetable capsule (cellulose, purified water).



## Methyl B12

### B12 with Folate

Methyl B12 includes a concentrated and bioavailable source of two key B vitamins: B12 and folate. This comprehensive blend helps increase metabolic energy and red blood cell production, support mood regulation and cognitive function, and increase DNA synthesis and repair.<sup>†</sup>

### Directions

Take one tablet per day.

### 1 Tablet Contains:

Folate (from 1,000 mcg as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	1,700 mcg DFE	425%
Vitamin B12 (as Methylcobalamin)	5,000 mcg	208,333%

**Other Ingredients:** Isomalt, natural cane sugar, croscarmellose sodium, potassium bicarbonate, natural cherry flavor (msg free), sodium stearyl fumarate, stearic acid, citric acid, silicon dioxide, and bilberry fruit extract.



## MinPlex

### Multi-Mineral Formula

MinPlex is a highly absorbable and balanced multi-mineral formula composed exclusively of Albion®'s patented and fully reacted mineral amino acid chelates, malates, and mineral complexes.<sup>†</sup>

### Directions

Take two capsules per day.

### 2 Capsules Contain:

Calcium (dicalcium malate and calcium bisglycinate chelate)	150 mg	12%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as dimagnesium malate and magnesium lysyl glycinate chelate)	100 mg	24%

### MinPlex (Continued):

Zinc (zinc bisglycinate chelate)	15 mg	136%
Selenium (as selenium glycinate complex)	60 mcg	109%
Copper (as copper bisglycinate chelate)	1.5 mg	167%
Manganese (as manganese bisglycinate chelate)	2 mg	87%
Chromium (as chromium nicotinate glycinate chelate)	75 mcg	214%
Molybdenum (as molybdenum glycinate chelate)	50 mcg	111%
Potassium (as potassium glycinate complex)	50 mg	1%
Betaine HCl	200 mg	*
Lithium (as lithium orotate)	250 mcg	*
Vanadium (as vanadium nicotinate glycinate chelate)	30 mcg	*

**Other Ingredients:** Capsule (hypromellose and water), microcrystalline cellulose, stearic acid, medium-chain triglyceride oil, magnesium stearate, and silica.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Mito Multi

### Multi with a Purpose†

Mito Multi supplies key mitochondrial micronutrients and a smart combination of alpha lipoic acid, N-acetyl cysteine, and acetyl L-carnitine to boost cellular energy production, support immune function, and provide key micronutrients for optimal daily intake.†

### Directions

Take two capsules 1-2 times per day.

### 2 Capsules Contain:

Vitamin A (Beta Carotene)	600 mcg RAE	67%
Vitamin C (Ascorbic Acid)	120 mg	134%
Vitamin D3 (Cholecalciferol)	12.5 mcg	63%
Vitamin E (d-Alpha Tocopherol)	12.5 mg	84%
Vitamin K2 (MK7)	20 mcg	17%
Thiamin HCL (Vitamin B1)	6 mg	500%
Riboflavin (Vitamin B2)	6.5 mg	500%
Niacin (Niacinamide)	8 mg NE	50%
Vitamin B6 (Pyridoxine HCl)	8.5 mg	500%
Folate (from 200 mcg as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	340 mcg DFE	85%



## Mono Omega 650EC

### 3x Greater Absorption†

Mono Omega 650 EC features Max-Simil® monoglyceride fish oil that has a 3x greater EPA+DHA absorption rate than comparable equivalents.†

### Directions

Take one softgel per day.

### Cautions

People taking blood thinners or other medication should discuss potential interactions with their practitioner.

### 1 Softgel Contains:

Calories	5	
Total Fat	0.5 g	1%
MaxSimil® Fish Oil Concentrate	650 mg	*
Total Omega-3 Fatty Acids	430 mg	*
EPA (eicosapentaenoic acid)	300 mg	*
DHA (docosahexaenoic acid)	130 mg	*
DPA (docosapentaenoic acid)	12 mg	*

**Other Ingredients:** Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and mixed natural tocopherols.

**Contains:** Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius (sources of fish gelatin)).

### Mito Multi (Continued):

Vitamin B12 (Methylcobalamin)	250 mcg	10,417%
Biotin	50 mcg	167%
Pantothenic Acid	60 mg	1,200%
Calcium (Calcium Citrate)	50 mg	4%
Iodine (Potassium Iodide)	18.5 mcg	13%
Magnesium (Magnesium Malate)	50 mg	12%
Zinc (Zinc Gluconate)	7.5 mg	68%
Selenium (L-Selenomethionine)	50 mcg	91%
Manganese (Manganese Sulfate)	0.25 mg	11%
Chromium (Chromium Polynicotinate)	25 mcg	72%
Choline (Choline L-Bitartrate)	15 mg	3%
N-Acetyl-L-Cysteine	300 mg	*
Acetyl-L-Carnitine	250 mg	*
Alpha Lipoic Acid	100 mg	*
Quercetin Dihydrate	50 mg	*
Broccoli Powder Extract ( <i>Brassica Oleracea</i> )	25 mg	*
Curcumin C3 Complex® (Curcuma Longa rhizome standardized to 95% Curcuminoids)	25 mg	*
Green Tea Leaf Extract (Camellia Sinensis (standardized to contain 45% EGCG))	25 mg	*
Pomegranate Fruit Extract (Punica Granatum)	25 mg	*
Trans-Resveratrol (Polygonumcuspidatum)	5 mg	*

**Other Ingredients:** Vegetable capsule shell, microcrystalline cellulose, magnesium stearate, and silicon dioxide.



## Mono Omega 1300EC

### 3x Greater Absorption†

Mono Omega 650 EC features Max-Simil® monoglyceride fish oil that has a 3x greater EPA+DHA absorption rate than comparable equivalents.† Available in both 60 and 120ct.

### Directions

Take one softgel per day.

### Cautions

People taking blood thinners or other medication should discuss potential interactions with their practitioner.

### 1 Softgel Contains:

Calories	10	
Total Fat	1 g	1%
MaxSimil® Fish Oil Concentrate	1.3 g	*
Total Omega-3 Fatty Acids	860 mg	*
EPA (eicosapentaenoic acid)	600 mg	*
DHA (docosahexaenoic acid)	260 mg	*
DPA (docosapentaenoic acid)	25 mg	*

**Other Ingredients:** Softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), and mixed natural tocopherols.

**Contains:** Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius (sources of fish gelatin)).

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Monolaurin 1 g

Monolaurin is an immune-supporting compound that can aid the body's natural defenses against undesirable organisms. Unlike conventional products used for this purpose, monolaurin has not been shown to result in antibacterial resistance, nor to have adverse effects on beneficial intestinal flora (the "good bacteria").†

### Directions

Take two capsules per day with a meal.

### 2 Capsules Contain:

Vitamin C (as Ascorbic Acid)	170 mg	189%
Monolaurin (as Glycerol Monolaurate)	1 g	*

**Other Ingredients:** Cellulose (capsule), dicalcium phosphate, sunflower lecithin, silicon dioxide, vegetable stearate.



## NAC

### Supports Antioxidant and Detoxification Activity†

N-Acetyl-L-Cysteine (NAC) is a source of the conditionally essential amino acid L-cysteine and a precursor to the tripeptide glutathione.† Available in both 60ct and 120ct.

### Directions

Take one to two capsules twice per day between meals.

### 2 Capsules Contain:

N-Acetyl-L-Cysteine	1.2 g	*
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**Other Ingredients:** HPMC (capsule), stearic acid, magnesium stearate, and silica.



## Niacin TR

### 500 mg Time Released

N-Acetyl-L-Cysteine (NAC) is a source of the conditionally essential amino acid L-cysteine and a precursor to the tripeptide glutathione.† Available in both 60ct and 120ct.

### Directions

Take one tablet three times per day with a meal.

### 1 Tablet Contains:

Niacin (as Nicotinic Acid)	500 mg	3,125%
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**Other Ingredients:** Vegetable waxes (rice bran and or carnauba), stearic acid, magnesium stearate, and silica.



## NT Cruise

NT Cruise contains a combination of the amino acids L-Tryptophan and L-Theanine to promote relaxation. Each capsule also contains 100 mg of 5-HTP which can be converted in the body to serotonin.†

### Directions

Take three capsules 1-2 times per day.

### 3 Capsules Contain:

L-Tryptophan	1,000 mg	*
L-Theanine (as Suntheanine®)	200 mg	*
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> Seed Extract)	100 mg	*

**Other Ingredients:** Hypromellose (capsule)





## NT Power

NT Power contains the amino acid DL-Phenylalanine to support comfort and proper mood balance.<sup>†</sup>

### Directions

Take one capsule per day with a meal.

### 1 Capsule Contains:

DL-Phenylalanine	750 mg	*
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**Other Ingredients:** Vegetable cellulose, vegetarian leucine, silicon dioxide.



## Oils

Oils is made up of meticulously formulated, organically produced and cold-pressed seed oils containing Parent Omega-6 and Parent Omega-3 EFAs.<sup>†</sup>

### Directions

Take four capsules per day (based on 120-160 lb. body weight). Add one capsule per day for every 40 pounds of body weight over 160 lbs. Can be taken without food.

### 4 Capsules Contain:

Calories	15	1%
Calories from Fat	15	1%
Total Fat	1.5 g	2%
Saturated Fat	0 g	0%
Proprietary Blend	1,450 mg	
Organic Flax Oil		*
Organic Evening Primrose Oil		*
Organic Pumpkin Oil		*
Organic High Linoleic Sunflower Oil		*
Organic Extra Virgin Coconut Oil		*

**Other Ingredients:** Capsules (Gelatin, water), Vitamin E (Mixed Tocopherols, to preserve freshness). Oils certified organic by Quality Assurance International.



## Omega

1,000 mg EPA/DHA Fish Oil

Omega contains a high concentration omega-3 fatty acid fish oil in triglyceride form, sourced from cold-water fish, to support heart, brain, skin, bone, and eye health.<sup>†</sup> Available in both 60ct and 120ct.

### Directions

Take one softgel per day.

### 1 Softgel Contains:

Fish Oil (as triglycerides)	1,438 mg	*
EPA	575 mg	*
DHA	425 mg	*

**Other Ingredients:** Gelatin, glycerin, purified water, lemon oil flavor, mixed tocopherols.



## Palmetto Complete

Palmetto Complete includes botanicals and trace minerals which work in synergy to support healthy prostate function.<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

Zinc (as TRAACS® Zinc Bisglycinate Chelate)	8 mg	73%
Selenium (as Selenium Glycinate Complex)	50 mcg	91%
Copper (as TRAACS® Copper Bisglycinate Chelate)	0.5 mg	56%
Saw Palmetto Berry Extract (Standardized to contain 45% Fatty Acids)	300 mg	*
Nettles Root Extract (Standardized to contain 30 pm Scopoletin)	120 mg	*
Pygeum Bark Extract	50 mg	*

**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, magnesium stearate, and silicon dioxide.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Probiotic 25+

25 Billion CFUs +  
Saccharomyces boulardii

Probiotic 25+ delivers a powerful blend of seven thoroughly researched probiotic strains to support immune health and a healthy gut microbiome.<sup>†</sup>

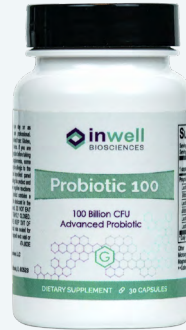
### Directions

Take one capsule per day.

### 1 Capsule Contains:

Proprietary Lactobacillus Blend	64 mg (15 Billion CFU)	*
L.Plantarum (LP-115)		*
L.Acidophilus (LA-14)		*
L.Rhamnosus (LR-32)		*
L.Salivarius (LS-33)		*
Bifidobacterium Blend	48 mg (10 Billion CFU)	*
B.Lactis (BL-04)		*
B.Longum (BL-05)		*
B.Bifidum (BB-06)		*
Saccharomyces Boulardii	150 mg (2 Billion CFU)	*

**Other Ingredients:** Natural vegetarian capsule, microcrystalline cellulose, stearic acid, and silicon dioxide.



## Probiotic 100

100 Billion CFU  
Advanced Probiotic<sup>†</sup>

Probiotic 100 is a high-dose probiotic delivering 100 billion active cultures for cases of gastrointestinal (GI) and immune distress. Each capsule provides six proven probiotic strains chosen for their ability to survive the harsh GI environment to deliver superior results.<sup>†</sup>

### Directions

Take one capsule per day.

### 1 Capsule Contains:

Calories	5	
Total Carbohydrate	<1 g	<1%
Sodium	5 mg	<1%
Potassium	95 mg	2%
Proprietary Blend	423 mg (100 Billion CFU)	
Lactobacillus acidophilus (La-14)		*
Bifidobacterium bifidum (Bb-02)		*
Lactobacillus rhamnosus (GG)		*
Bifidobacterium lactis (BI-04)		*
Lactobacillus plantarum (Lo-115)		*
Lactobacillus paracasei (UALpc-04™)		*

**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, silicon dioxide, and magnesium stearate.



## Rest Easy<sup>†</sup>

Rest Easy is a blend of botanicals, nutrients, and neurotransmitter precursors designed to support quality, restful sleep. By providing nutritional support for calm brain activity, Rest Easy helps promote the body's natural ability to fall asleep and stay asleep.<sup>†</sup>

### Directions

Take two capsules per day 30 to 60 minutes before bedtime.

### 2 Capsules Contain:

Vitamin B-6 (as Pyridoxal-5-Phosphate)	10 mg	588%
Valerian ( <i>Valeriana officinalis</i> ) (root) [standardized to contain 0.8% valerenic acid]	400 mg	*
Passion Flower ( <i>Passiflora incarnata</i> ) (flower) [standardized to contain 3.5% flavonoids]	200 mg	*
Lemon Balm ( <i>Melissa officinalis</i> ) (leaves) [standardized to contain 3% rosmarinic acid]	200 mg	*
Chamomile Extract ( <i>Matricaria chamomilla</i> ) (flower)	200 mg	*
Gamma-Aminobutyric acid (as PharmaGABA®)	100 mg	*
L-Theanine	100 mg	*
5-HTP (5-Hydroxytryptophan)	100 mg	*
Melatonin	3 mg	*

**Other Ingredients:** Cellulose (capsule), vegetable stearate, silicon dioxide.



## SeasonALL Clear

### Synergistic Seasonal Support<sup>†</sup>

SeasonALL Clear is a targeted blend of flavonoids, antioxidants, proteolytic enzymes and botanicals designed to provide support for seasonal challenges caused by environmental allergens.<sup>†</sup>

### Directions

**Loading Dose:** Take two capsules 3 times per day for 7-10 days

**Maintenance:** Take two or more capsules per day

### 2 Capsules Contain:

Vitamin C (as Ascorbic Acid USP)	300 mg	333%
Quercetin Dihydrate	400 mg	*
Stinging Nettle (Leaves)	400 mg	*
Bromelain (2,400 GDU/g) (from Pineapple)	100 mg	*
N-Acetyl-L-Cysteine USP	50 mg	*

**Other Ingredients:** Hypromellose (natural vegetable capsules), magnesium stearate, silicon dioxide, and stearic acid.



## SacB

### 5 Billion CFUs, Saccharomyces Boulardii

Saccharomyces boulardii is a health promoting, probiotic yeast. As a probiotic, *S. boulardii* actively promotes healthy gastrointestinal flora, strengthens intestinal barrier function, and enhances immune function.<sup>†</sup>

### Directions

Take one capsule 2 times per day.

### 1 Capsule Contains:

<i>Saccharomyces boulardii</i>	5 billion CFU	*
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**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, silicon dioxide, and magnesium stearate.



## Sleep Well<sup>†</sup>

### Calm and Relaxed<sup>†</sup>

Sleep Well promotes a healthy sleep cycle by naturally boosting levels of serotonin, GABA, and melatonin using bioactive cofactors and amino acids. Phosphatidylserine is also included as a vital ingredient for those with elevated evening cortisol levels that may be contributing to frequent waking.<sup>†</sup>

### Directions

Take four capsules 1-2 hours before bedtime.

### 4 Capsules Contains:

Vitamin C (as Ascorbic Acid USP)	50 mg	56%
Niacin (as Niacinamide USP)	10 mg	63%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	10 mg	588%
Folate (from 400 mcg as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	680 mcg DFE	170%
Calcium (as Albion® Minerals Dicalcium Malate)	250 mg	19%
Magnesium (as DiMagnesium Malate)	150 mg	36%
Zinc (as Albion® Minerals Zinc Bisglycinate Chelate)	5 mg	45%
Taurine USP	300 mg	*
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> (Seed))	150 mg	*
Gamma Aminobutvric Acid (PharmaGABA™)	150 mg	*
Phosphatidylserine (from Sunflower Seed)	100 mg	*

**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, magnesium stearate, and silicon dioxide.



## Strontium

Strontium is a mineral that has similar physical and chemical properties to calcium. Research has shown strontium provides bone support through its ability to increase the formation of osteoblasts (cells that build up bone) and slow down the formation of osteoclasts (cells that break down bone tissue) helping to maintain healthy bone density.<sup>†</sup>

### Directions

Take one capsule twice per day.

#### 1 Capsule Contains:

Strontium (from 950 mg of Strontium Citrate)	300 mg	*
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**Other Ingredients:** Hypromellose (natural vegetable capsule), magnesium stearate, and stearic acid.



## Turmeric FS

### Full Spectrum Turmeric

Turmeric FS is a natural complex that includes curcumin, turmerin protein, turmerone oil,  $\beta$ -elemene, curdione, bisacurone, and calebin A, making it a comprehensive, immune-boosting turmeric supplement.<sup>†</sup>

### Directions

Take one or more capsules per day.

#### 1 Capsule Contains:

Turmeric Root Extract (Complete Turmeric Matrix) (Standardized to contain 45-55% Curcuminoids, 3-8% Volatile Oil, 2-6% Turmerin)	500 mg	*
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**Other Ingredients:** Hypromellose (natural vegetable capsule), microcrystalline cellulose, magnesium stearate, and silicon dioxide.



## ThyroAccel<sup>†</sup>

### Supports T4 to T3 Conversion<sup>†</sup>

ThyroAccel is a comprehensive formulation that provides a blend of nutrients and botanicals working in synergy to support thyroid health.<sup>†</sup>

### Directions

Take four capsules per day.

#### 4 Capsules Contains:

Vitamin A (from 2,500 IU as Palmitate)	750 mcg	83%
Vitamin C (as Ascorbic Acid USP)	200 mg	222%

#### ThyroAccel (Continued)

Vitamin E (from 200 IU as d-Alpha Tocopherol Succinate USP)	134 mg	893%
Iodine (from Potassium Iodide)	200 mcg	133%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	20 mg	182%
Selenium (from Selenium-enriched Yeast) (SelenoExcell®)	200 mcg	364%
N-Acetyl-L-Cysteine USP	500 mg	*
L-Tyrosine USP	400 mg	*
Ashwagandha Root Extract (Standardized to contain 1.5% Withanolides)	300 mg	*
Guggul Resin (Standardized to contain 2.5% Guggulsterones)	150 mg	*
Turmeric Root Extract (Complete Turmeric Matrix) (Standardized to contain 45-55% Curcuminoids, 3-8% Volatile Oil, 2-6% Turmerin)	100 mg	*

**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, magnesium stearate, calcium silicate, and silicon dioxide.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## Total Adrenal<sup>†</sup>

### With Adrenal Concentrate<sup>†</sup>

Total Adrenal contains a blend of key micronutrients, adaptogenic botanicals and adrenal concentrate specifically formulated to strengthen the body's stress response and support healthy energy levels.<sup>†</sup>

#### Directions

Take two capsules 1-2 times per day.

#### 2 Capsules Contains:

Vitamin A (from 500 IU as Natural Beta Carotene)	150 mcg	17%
Vitamin C (as Ascorbic Acid USP)	200 mg	222%
Vitamin E (from 20 IU as d-Alpha Tocopherol Succinate USP)	13.4 mg	89%



## Total Reset

### Chocolate - Functional Protein Shake

Total Reset is a comprehensive functional protein formula designed for gut integrity, balanced levels of inflammation, and daily immune health. The formula starts with brown rice protein and pumpkin protein to provide a vegan product.<sup>†</sup>

#### Directions

Mix 2 scoops with 10-12 ounces of water to the desired thickness.

#### 2 Scoops Contain:

Calories	130	
Total Fat	3.5 g	4%
Saturated Fat	1.5 g	8%
Total Carbohydrate	8 g	3%
Dietary Fiber	4 g	14%
Protein	20 g	
Vitamin D (as Cholecalciferol)	50 mcg (2,000 IU)	250%
Calcium (as Calcium Citrate)	30 mg	2%
Iron (as Iron Citrate)	0.4 mg	2%
Zinc (as Zinc-Carnosine)	12 mg	109%

#### 2 Capsules Contains:

Niacin USP	20 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride USP, Pyridoxal 5'-Phosphate)	30 mg	1,765%
Vitamin B12 (as Methylcobalamin)	200 mcg	8,333%
Pantothenic Acid (as d-Calcium Pantothenate)	350 mg	7,000%
Calcium	30 mg	2%
Adrenal Concentrate (Bovine)	220 mg	*
Eleuthero Root Extract (Standardized to contain 0.8% Eleutherosides)	100 mg	*
Rhodiola ( <i>Rhodiola rosea</i> ) Root Extract (Standardized to contain 3% Rosavins)	100 mg	*
Schisandra Berry Extract	100 mg	*
Chinese Licorice Root Extract (Standardized to contain 12% Glycyrrhizin)	75 mg	*

**Other Ingredients:** Gelatin (capsules), magnesium stearate, and calcium silicate.

#### Total Reset Chocolate (Continued):

Chloride	220 mg	10%
Sodium	165 mg	7%
Potassium	370 mg	8%
L-Glutamine	4,000 mg	*
Flax ( <i>Linum usitatissimum</i> ) Seed Powder	2,250 mg	*
Larch Arabinogalactan	1,000 mg	*
Medium Chain Triglycerides	1,000 mg	*
L-Lysine Hydrochloride	750 mg	*
L-Proline	500 mg	*
Glycine	500 mg	*
N-Acetyl Glucosamine	500 mg	*
Alpha Lipoic Acid	500 mg	*
Turmeric ( <i>Curcuma longa</i> ) Rhizomes Extract (Curcumin C3 Complex®)	300 mg	*
Quercetin (as Quercetin Dihydrate)	250 mg	*
Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract	100 mg	*
Ginger ( <i>Zingiber officinale</i> ) Root Extract	100 mg	*
Rosemary ( <i>Rosmarinus officinalis</i> ) Leaf Extract	100 mg	*
Zinc-Carnosine	100 mg	*

**Other Ingredients:** Sprouted brown rice protein, organic pumpkin (cucurbita pepo L.) protein seed powder, cocoa powder, natural flavors, luohanguo fruit extract, sea salt, potassium chloride, sodium chloride.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established





## Total Reset

### Vanilla - Functional Protein Shake

Total Reset is a comprehensive functional protein formula designed for gut integrity, balanced levels of inflammation, and daily immune health. The formula starts with brown rice protein and pumpkin protein to provide a vegan product.<sup>†</sup>

#### Directions

Mix 2 scoops with 10-12 ounces of water to the desired thickness.

#### 2 Scoops Contain:

Calories	120	
Total Fat	3 g	4%
Saturated Fat	1 g	5%
Total Carbohydrate	6 g	2%
Dietary Fiber	3 g	11%
Protein	20 g	
Vitamin D (as Cholecalciferol)	50 mcg (2,000 IU)	250%
Calcium (as Calcium Citrate)	30 mg	2%
Iron (as Iron Citrate)	0.4 mg	2%



## Two a Day Multi

Two a Day Multi contains optimal amounts of many nutrients not easily obtained in most diets. It uses higher quality ingredients than most multi-vitamins, including vitamin E Isomers as DeltaGold® tocotrienols, a highly bioavailable form of folate, and true amino acid chelate minerals for optimal tolerance and absorption.<sup>†</sup>

#### Directions

Take two capsules per day with meals.

#### 2 Capsules Contains:

Vitamin A (from Palmitate and Mixed Carotenoids)	900 mcg RAE	107%
Vitamin C (as Ascorbic Acid)	500 mg	556%
Vitamin D (as Cholecalciferol)	25 mcg (1,000 IU)	125%
Vitamin K (as K1 Phytonadione and Vitamin K2 Menaguinone-4)	120 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin HCD)	2.3 mg	192%
Riboflavin (Vitamin B-2)	2.8 mg	215%

#### Total Reset Vanilla (Continued):

Zinc (as Zinc-Carnosine)	12 mg	109%
Chloride	190 mg	8%
Sodium	145 mg	6%
Potassium	270 mg	6%
L-Glutamine	4,000 mg	*
Flax ( <i>Linum usitatissimum</i> ) Seed Powder	2,250 mg	*
Larch Arabinogalactan	1,000 mg	*
MCT (Medium Chain Triglycerides)	1,000 mg	*
L-Lysine Hydrochloride	750 mg	*
L-Proline	500 mg	*
Glycine	500 mg	*
N-Acetyl Glucosamine	500 mg	*
Alpha Lipoic Acid	500 mg	*
Turmeric ( <i>Curcuma longa</i> ) Rhizomes Extract (Curcumin C3 Complex®)	300 mg	*
Quercetin (as Quercetin Dihydrate)	250 mg	*
Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract	100 mg	*
Ginger ( <i>Zingiber officinale</i> ) Root Extract	100 mg	*
Rosemary ( <i>Rosmarinus officinalis</i> ) Leaf Extract	100 mg	*
Zinc-Carnosine	100 mg	*

**Other Ingredients:** Sprouted brown rice protein, organic pumpkin seed protein powder, natural flavors, potassium chloride, luo han guo fruit extract, sodium chloride, sea salt.

#### Two a Day Multi (Continued)

Niacin (as Niacinamide and Niacin)	50 mg NE	313%
Vitamin B-6 (as Pyridoxal-5-Phosphate)	5.2 mg	306%
Folate (as Quatrefolic® [6S]-5-methyl-tetrahydrofolate, glucosamine salt)	680 mcg DFE	170%
Vitamin B-12 (as Methylcobalamin [MecobalActive®])	500 mcg	20,833%
Biotin (as d-Biotin)	30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	12 mg	240%
Iodine (as Potassium Iodide)	150 mcg	100%
Zinc (as Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (as Selenium Glycinate Complex)	200 mcg	364%
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	1 mg	43%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	200 mcg	571%
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	100 mcg	222%
Vitamin E Isomers (as DeltaGold® delta and gamma tocotrienols)	15 mg	*
Boron (as Bororganic Glycine)	2 mg	*

**Other Ingredients:** Cellulose (capsule), microcrystalline cellulose, vegetable stearate, silicon dioxide.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established



## VirX

### Synergistic Immune Blend<sup>†</sup>

VirX includes a powerful combination of key nutrients and botanical extracts that provide support for immune challenges.<sup>†</sup>

#### Directions

**Immediate support:** Take one-two capsules per hour. Do not exceed 2 capsules every hour.

**Maintenance:** Take two capsules per day.

#### 2 Capsules Contain:

Vitamin A (from 15,000 IU as Palmitate, Natural Beta Carotene)	4,500 mcg	500%
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## Vita D Mulsion

Vita D Mulsion is a concentrated, highly bioavailable liquid vitamin D formulation offering a broad range of serving and titration possibilities. Unlike most other liquid vitamin D products available, Vita D Mulsion is a convenient, pleasant-tasting, and easily mixable formula.<sup>†</sup>

#### Directions

Take one drop per day. Shake well.

#### 1 Drop Contains:

Vitamin D (as Cholecalciferol)	50 mcg (2,000 IU)	250%
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**Other Ingredients:** Vegetable glycerine, water, tocopherol.

#### VirX (Continued)

Vitamin C (as Ascorbic Acid USP, Acerola Fruit Juice Concentrate Powder)	300 mg	333%
Vitamin B12 (as Methylcobalamin)	2.5 mcg	104%
Pantothenic Acid (as d-Calcium Pantothenate USP)	10 mg	200%
Zinc (as Albion® Minerals Zinc Bisglycinate Chelate)	4 mg	36%
Astragalus ( <i>Astragalus membranaceus</i> ) Root Extract	250 mg	*
European Elder ( <i>Sambucus nigra</i> ) Berry Extract (Standardized to contain 13% Anthocyanins)	250 mg	*
Andrographis ( <i>Andrographis paniculata</i> ) Leaf Extract (Standardized to contain 30% Andrographolides)	200 mg	*
Echinacea purpurea Extract (Flowering Aerial Parts) (Standardized to contain 4% phenols)	100 mg	*
L-Lysine Hydrochloride USP	100 mg	*
Acerola Fruit Juice Concentrate Powder (Standardized to contain 17% Vitamin C)	25 mg	*

**Other Ingredients:** Natural vegetable capsules and magnesium stearate.



## Vitamin A 7500

### 25,000 IU Vitamin A

Vitamin A 7500 provides an excellent source of supplemental vitamin A. Vitamin A is a fat-soluble vitamin necessary for growth, bone development, vision, hormone receptor function, cellular health, immune function, and the integrity of epithelial and mucosal surfaces.<sup>†</sup>

#### Directions

Take one capsule per day.

#### 1 Capsule Contains:

Vitamin A (as retinyl palmitate)	7,500 mcg	833%
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**Other Ingredients:** Capsule (hypromellose and water), microcrystalline cellulose, ascorbyl palmitate, and silica.

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\* Daily Value Not Established

## Vitamin B-12



### 5,000 mcg Lozenges

Inwell's Vitamin B-12 is a great tasting lozenge providing 5 mg (5,000 mcg) of Vitamin B12 in the active, methylcobalamin form. This active methyl form has metabolic advantages over other forms, including more cobalamin deposited in tissue than with the cyanocobalamin form.<sup>†</sup>

#### Directions

Chew one lozenge once per day until dissolved.

#### 1 Lozenge Contains:

Vitamin B12 (as methylcobalamin)	5,000 mcg	208,333%
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**Other Ingredients:** Xylitol, sorbitol, hydroxypropyl cellulose, citric acid, stearic acid, fruit punch flavor, and magnesium stearate.

## Vitamin D 50,000 IU



### Achieve & Maintain Peak Vitamin D Levels<sup>†</sup>

A growing body of research highlights vitamin D's important role in supporting cardiovascular and blood sugar balance, musculoskeletal strength, and neurological and immune function.<sup>†</sup>

#### Directions

Take one capsule per week. This is a high dose capsule that is not typically intended for long-term daily use.

#### 1 Capsule Contains:

Vitamin D3 (as Cholecalciferol)	1,250 mcg (50,000 IU)	6,250%
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**Other Ingredients:** Natural vegetable capsules, microcrystalline cellulose, stearic acid, silicon dioxide, and magnesium stearate.

## WellMag Neuro



### Lemon Lime - Patented Magnesium for the Brain<sup>†</sup>

WellMag Neuro features magnesium L-threonate (as Magtein®), the only form of magnesium known to cross the blood-brain barrier. This formula is designed to boost the brain's magnesium level, support brain health, & promote healthy nervous system functions.<sup>†</sup>

#### Directions

Dissolve one level scoop in 4 oz water and consume once or twice daily.

#### 1 Scoop Contains:

Calories	5	
Total Carbohydrates	1 g	<1%
Magnesium (as di-magnesium malate, magnesium L-threonates, and magnesium lysinate glycinate chelate)	200 mg	48%
Magnesium L-Threonate	1 g	*

**Other Ingredients:** Citric acid, malic acid, natural flavors (no msg), stevia leaf extract, and riboflavin (color).

## WellMag Neuro



### Mixed Berry - Patented Magnesium for the Brain<sup>†</sup>

WellMag Neuro features magnesium L-threonate (as Magtein®), the only form of magnesium known to cross the blood-brain barrier. This formula is designed to boost the brain's magnesium level, support brain health, & promote healthy nervous system functions.<sup>†</sup>

#### Directions

Dissolve one level scoop in 4 oz water and consume once or twice daily.

#### 1 Scoop Contains:

Calories	5	
Total Carbohydrates	2 g	1%
Magnesium (as di-magnesium malate, magnesium L-threonates, and magnesium lysinate glycinate chelate)	200 mg	48%
Magnesium L-Threonate	1 g	*

**Other Ingredients:** Citric acid, malic acid, natural flavors (no msg), stevia leaf extract, and anthocyanin extract (color).